

# old town news

ROCK HILL, SC



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February 2012

## Get Fit With Troy in Old Town

Troy Harris has been working as a personal trainer for the past six years. He had clients through his job at the YMCA, and he also worked with people in their homes or workplaces. As his business grew, Harris decided to provide services from his own studio, which opened last month in Old Town. Born and raised in Rock Hill, he chose a location where he felt he could best contribute to the City.

Harris is passionate about helping people get fit. He incorporates elements of yoga, pilates, kickboxing, weight training, and other exercises into each workout, tailoring sessions to clients' individual needs. He works with people of all ages and experience levels.

He also offers the first session free for all new clients. All sessions, for both individuals and corporate groups, are by appointment only.

The grand opening celebration for Get Fit With Troy will be held on February 22nd from 4:30pm to 7pm. While admission is free, donations will be accepted for St. Jude Children's Research Hospital. During the celebration, the public will be able to observe workouts and register to win a month of free sessions.

Get Fit With Troy is located at 109 Caldwell Street. To make an appointment, call 803-493-5536. For more information, visit the website: [getfitwithtroy.com](http://getfitwithtroy.com)

## New Mardi Gras Celebration with Grammy-Winning Artist

A taste of New Orleans comes to Old Town Rock Hill this month with a first-ever Mardi Gras Celebration. This celebration will feature Grammy-winning Zydeco artist Terrance Simien & The Zydeco Experience. The festivities will kick off with a Zydeco concert on February 18th and will culminate with a Fat Tuesday celebration on Tuesday, February 21st.

Zydeco is a blend of Cajun, Creole, Blues, R&B, country, and island music. Simien is an eighth generation Louisiana Creole and one of the most respected, internationally recognized recording artists in roots music. Over the years, he has shared the studio and stage with artists such as Robert Palmer, Stevie Wonder, Paul Simon, and Dave Matthews Band. His music was also featured in Disney's 2009 film *The Princess and the Frog*. For more information about

him, visit the website: [terrancesimien.com](http://terrancesimien.com)

The concert is part of the Arts Council of York County's Main Stage Series. Just a few days after the concert, the fun will continue with a Fat Tuesday celebration. Attendees will dance the night away to Simien's festive Zydeco music while enjoying delicious Creole fare.

Please see page three for more details and ticket information.



Grammy-Winning Artist Terrance Simien.



## Overboard, A Cappella Group, to Perform at Winthrop

On **February 24th** at 8pm, Overboard will entertain crowds at Dina's Place in Winthrop's DiGiorgio Center. Overboard is a talented, Boston-based professional male a cappella group. Show is free with spring pass, \$5 with Winthrop ID, and \$10 without Winthrop ID. For more information, call 803-323-2108 or email: [jonesbj@winthrop.edu](mailto:jonesbj@winthrop.edu)



## Trending Artist Party Series Presents *Sol Driven Train*

Sol Driven Train's music weaves through genres with American influences like Jon Prine and Paul Simon, and Afro-Caribbean rhythms into honest songs about life, love, loss, and long johns. The five-piece band, based in Charleston, SC, features four rotating lead vocalists and multi-instrumental talent spread across horns, string, and percussion.

Sol Driven Train will perform on **February 17th** at 8pm at the Community Performance Center, 249 E. Main Street. Tickets are \$15 in advance or \$20 at the door.

Now through **February 12th**, visit [onlyinoldtown.com](http://onlyinoldtown.com) and enter to win 4 tickets to Sol Driven Train and \$40 to spend at The Vault. For more information or to purchase tickets, call 803-329-7092.

## Emmett Scott Center Events

801 Crawford Road  
[www.rockhillrocks.com](http://www.rockhillrocks.com)

\* 803-329-5661

### Zumba

**Every Monday in February**, 6pm to 7pm

Exciting, energizing exercise class with a fusion of Latin, hip hop, and international music. Registration required. Cost: \$20 per month. Registration required.

### Brothers

**Every Monday in February**, 6:30pm to 8:30pm

Mentoring program designed to educate young males on the importance of volunteerism and community; and to strengthen their respect and character. Free.

### Seniorcise

**Tuesdays and Thursdays, February 7th through 23rd**, 10am to 11am

Instructor-led activities including stretching, toning, chair exercise, and walking in the gym. Four-week program. Cost: \$10 per month. Registration required.

### Sisters with Purpose (SWP)

**February 9th**, 6:30pm to 7:30pm

Mentoring program that focuses on character, respect, attitude, value, and education as they relate to females between the ages of 11 and 18. Free.

### Girl Scouts

**February 14th and 28th**, 6pm to 7pm

Opportunity for girls ages 6 to 8. Call for details.

## Earth Fare Events

725 Cherry Road  
[www.earthfare.com](http://www.earthfare.com)

\* 803-327-1030

### Uncorked

**February 8th**, 5:30pm to 7:30pm

Taste some distinctive wines and beers during Earth Fare's Uncorked event.

### Good Olde Days

**Every Tuesday Night**, 4:30pm to 7:30pm

Home-style family classic meals are offered for \$7.99 or less, along with family activities and events.

### Family Dinner Night—Kids Eat Free

**Every Thursday Night**, 4pm to 8pm

Up to six kids eat free with the purchase of an adult meal priced at \$5 or more.

## Dimeji Onafuwa: African Heart, American Soil

From **now through March 9th**, the work of Dimeji Onafuwa will be on display in Clinton Junior College's Dalton Gallery.

Dimeji is a Nigerian-born artist currently based in Charlotte, NC and Winston-Salem, NC. According to his website, "Tilling passion from his African heart with American soil, Dimeji succeeds in cultivating evocative and emotional scenes of assimilation." ([onaartstudios.com/artist.html](http://onaartstudios.com/artist.html))

A gallery talk and artist reception will be held on **February 21st** at 6pm. Clinton Junior College's Dalton Gallery is located in Old Town at 1026 Crawford Road. For more information, call 803-372-1102 or visit: [clintonjuniorcollege.edu/daltongallery.html](http://clintonjuniorcollege.edu/daltongallery.html)

## Library Events

138 E. Black Street \* 803-981-5830  
www.yclibrary.org \* 803-981-5888

### Preschool Story Time

**Every Tuesday in February**, 10:30am  
Story Time for children ages 3–5, along with their caregivers. No need to register.

### Abracadabra!

**February 7th**, 6:30pm to 7:30pm  
Magic stories and activities for kids ages 12 and under, accompanied by an adult. Call 803-981-5888 to register.

### I Love Roald Dahl!

**February 16th**, 4pm to 5:15pm  
Kids ages 6–9 can enjoy games, crafts, and celebrate Roald Dahl, author of "Charlie and the Chocolate Factory." Call 803-981-5888 to register.

### Teen Advisory Board Meetings

**February 23rd**, 4:30pm to 6pm  
6th to 12th graders can help select materials for the library and plan teen events. No need to register.

### Gaming Afternoon Drop-In Featuring Wipeout

**February 28th**, 5pm to 6:30pm  
6th to 12th graders can complete obstacle courses in the Xbox 360 Kinect game Wipeout. Other video and board games will be available. No need to register.

## Arts Events

Center for the Arts  
121 E. Main Street  
803-328-2787

Gallery Up & Gettys Art Center  
201 E. Main Street  
803-322-7873

### Ned Albright, Jr. and Ana Lopez Exhibition

**Exhibition: Now through February 19th**  
**Closing Reception: February 9th**, 6pm  
Sculpture exhibition. Dalton Gallery, Center for the Arts. Exhibition and reception are free and open to the public.

### Flora: Works by Jenni Brant and Jennifer Mecca

**Exhibition: February 6th through March 23rd**  
**Reception: February 9th**, 6pm to 8pm  
These two artists bring high-quality ceramics and vase work to Rock Hill. Exhibition and reception are free and open to the public. Reception includes cash bar. Gallery Up will provide the "flora" for all patrons who purchase a vase during the reception.

JOIN US FOR A SPECIAL  
**MARDI GRAS CELEBRATION**  
IN OLD TOWN, ROCK HILL, SC



**FEATURING GRAMMY-WINNING**

**Sat., February 18**  
**TERRANCE SIMIEN**  
**ZYDECO CONCERT**  
**7:30pm**  
Community Performance Center  
249 E. Main Street, Rock Hill, SC | 7:30pm

**TICKETS:**  
\$20 Arts Council Members  
\$25 Non-Members  
**Center for the Arts**  
121 E. Main Street, RH  
803.328.2787  
[YorkCountyArts.org](http://YorkCountyArts.org)

**Tues., February 21**  
**FAT TUESDAY CELEBRATION** 7pm  
The Palmetto Room 151 E. White Street, Rock Hill, SC

**TICKETS:**  
\$35 General Admission (Includes Creole food & cash bar)  
Tickets available at the following locations:  
**Center for the Arts** 121 E. Main Street, RH 803.328.2787  
**RHEDC Office** 155 Johnston Street, RH 803.329.7090  
**Old Town Bistro** 135 E. Main Street, RH 803.327.9222

PRESENTED BY:



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ROCK HILL, SC





## Business Spotlight

### Barnes Hair and Spa Salon



Barnes Hair and Spa Salon has been providing high-quality hair care and salon services downtown since 1979. It has been in its current location since 1993. Barnes is a family-owned, full-service salon featuring hair cuts, weaves, braids, colorings, and much more. It is also known as a healthy hair salon, with a focus on keeping hair as healthy as possible. Home maintenance workshops are offered on a regular basis to help customers learn how to properly care for their hair using styling products and tools. 'Dudley,' 'Design Essentials,' and 'Silky Smooth' are product lines available for sale at Barnes.

Barnes also offers full-body massages, nail services, and skin care treatments. Services are offered in a comfortable environment with newly-renovated massage rooms, break area, and restrooms. Applications are being accepted for one esthetician, two nail technicians, and one stylist with multi-cultural styling abilities.

Beginning in mid-February, Barnes will offer round-the-clock appointments. Owner Antonio Barnes states that he decided to make it a 24-hour salon, by appointment, to meet the needs of customers who are busy during daytime hours. Further, Barnes recognizes that clients' time is valuable, so every effort is made to ensure that clients are seen at their actual appointment times.

Barnes Hair and Spa Salon is located at 143 E. Main Street. Regular hours are Tuesday through Saturday from 7am to 6pm. Walk-ins and appointments are welcome during these hours. All other days and hours are available by appointment only. For more information, call 803-327-4441 or visit: [www.barneshairsalon.com](http://www.barneshairsalon.com)

## Upcoming Events

**The Down Beat Project: March 30th**, 8pm to 10pm. Show is part of the Trending Artist Party Series. Tickets: \$15 in advance or \$20 at the door. Community Performance Center, 249 E. Main Street. From **February 18th through March 25th**, visit [www.facebook.com/onlyinoldtown](http://www.facebook.com/onlyinoldtown) and enter to win 4 tickets to see The Down Beat Project and \$40 to spend at Old Town Bistro. For more information or to purchase tickets, call 803-329-7092.

**Pottery and Craft Sale: Call for Entries**

**Application Due Date: March 16th**

**Event Date: April 14th**, 10am to 4pm

Rock Hill Pottery Center is accepting vendor applications for its 2nd Annual Pottery and Craft Sale, which will be held at the Gettys Art Center, 201 E. Main St. For more information, call 803-327-1294 or email: [cwpottery@comporium.net](mailto:cwpottery@comporium.net) Application and details can also be found online: [onlyinoldtown.com](http://onlyinoldtown.com)

**St. Patrick's Day on Main Festival: March 16th**,

4:30pm to 9:30pm. The festival will include a lone bagpiper; Irish dancers; and live Irish music performances by The Belfast Boys and the Federal Clan Kings. There will also a Sonic Drive-In Kids Zone with amusements for children; Pickles Da Clown; Irish/Celtic and other vendors; and plenty of foods and drinks.

For more details, call 803-802-1678 or visit: [onlyinoldtown.com](http://onlyinoldtown.com)



Irish dancing at the 2011 St. Patrick's Day Festival.