old town news
ROCK HILL, SC

onlyinoldtown.com May 2013

Now Open in Old Town: Synergy Yoga Wellness

Synergy Yoga Wellness is now open at 111 Caldwell Street, Suite 101, beside Old Town Market's new location. Its mission is "to grow a culture of wellness at home, work, school, in life, and out in the world."

Synergy Yoga Wellness is powered by the investment team of Sara Cain, Vinicius de Costa, and Michelle Schaffran, with Cain and Schaffran operating and teaching there on a daily basis. Between the trio, they have 20+ years combined yoga teaching experience.

Their new venture—Rock Hill's only yoga studio—is a sister studio to their location in Charlotte, North Carolina. Classes offered in Old Town will include hot yoga, vinyasa flow, foundations (the basics), deep stretch, and pilates. Walk-ins are welcome, though clients may also sign up in advance. A variety of payment options are available.

While Synergy Yoga Wellness is open now, an official grand opening ceremony will be held on **May 11th** at 10am. Complimentary yoga and pilates classes will be held from 10:30am to 12:30pm, followed by a two-hour yoga workshop from 1pm to 3pm for $30 per person.

For more information, call 366-YOGA (9642) or visit the website: synergyyogawellness.com

Old Town Amphitheater Summer Concert Series Announced

The Old Town Association has announced the lineup for the 2013 Old Town Amphitheater Summer Concert Series, presented by Piedmont Medical Center. This summer, Rick Springfield, Rough Draft, and Clint Black join the extraordinary list of artists who have taken the Old Town Amphitheater stage, which is located at 144 E. Black Street. The concerts will be held, rain or shine, on the following dates:

Rick Springfield, performing in Rock Hill on June 21st.

- **June 21st: Rick Springfield.** Gates open: 6pm. Pushh (opening act): 7pm. Rick Springfield: 8:15pm. Tickets: $45 advance, $55 door, $65 upper tier*
- **July 3rd: Rough Draft at Red, White, & BOOM!** Festival begins: 5:30pm. Battle of the Bands winner performs: 7pm. Rough Draft: 8:15pm. Fireworks: 10pm. Free festival and concert.
- **August 8th: Clint Black.** Gates open: 6pm. Darrell Harwood (opening act): 7pm. Clint Black: 8:15pm. Tickets: $45 advance, $55 door, $65 upper tier*

* A limited number of upper tier tickets (unreserved seating) are available, which will include catered heavy hors d'oeuvres, a cash bar (beer/wine), and private indoor restrooms.

Call 329-8756 for information. Tickets available online: onlyinoldtown.com/concert

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Tea on the Lawn

On **May 15th** from 3pm to 5pm, relax with tea and accompaniments while enjoying music by violinist Christine Robinson. The White Home, 258 E. White Street. Pre-pay by **May 10th,** $27/person. Call 329-1020 or email: lydia.lochocki@historicrockhill.com

National Bike Month Events

- **May 12th:** Mother's Day Sweet Treat Ride, 2pm to 4pm. Six-mile ride from Glencairn Garden to Manchester Village and back. Helmets required.
- **May 15th:** Ride of Silence, 7pm. Ten-mile ride beginning at Wells Fargo Parking Lot on Main Street to honor those who have been hurt or killed while cycling on public roads. Helmets required
- **May 19th**: Old Town Family Ride and Skills Clinic, 2pm to 4pm. Meet at Swim, Bike, and Run parking lot (153 E. White Street) for a youth skills clinic and a four-mile family-friendly ride. Helmets required.

Information: 329-5632 or online: bikerockhill.com

Main Street Live

This year, Main Street Live will be held on Fridays from 5:30pm to 8:30pm on E. Main Street. Each event will include live music, free kids activities, and a variety of food vendors. Scheduled performers:

- **May 3rd:** Early Ray (country/rock)
- **June 7th:** Hill City Party Band (funk)
- **August 2nd:** Urban Renewal (classic rock)
- **September 13th:** The Weekends (beach music)

For more information, call 324-7500,

Arts Events

Center for the Arts
121 E. Main Street
803-328-2787

Community Performance Center
249 E. Main Street
www.yorkcountyarts.org

The Arc of Time by Matthew Allred
Exhibition: May 3rd through June 16th
Free Public Reception: May 16th, 6:00pm
This exhibition examines the extended length of the photographic moment, along with the possibilities of primitive cameras and chemical processes. Dalton Gallery, Center for the Arts.

Smokin'
May 11th, 8:30pm
The band Smokin' pays tribute to arena rock's biggest hits, such as those by Journey, Styx, Foreigner, Bon Jovi, Van Halen, and more. Tickets: $25 at the door / $20 in advance at: Crown Tickets, yorkcountyarts.org, or 328-2787. Community Performance Center.

Glenn Miller Orchestra
May 17th, 7:30pm (doors open at 7pm)
The world-famous Glenn Miller Orchestra, led by Nick Hilscher, returns to Rock Hill for an evening of big band swing music. Community Performance Center. Tickets: $35. Call 328-2787 or visit the website: yorkcountyarts.org

Slow Gardening Workshop

A Slow Gardening Workshop with Felder Rushing will be held on **May 17th** from 9am to 11:30am at the Old Town Market Hall, 121 Caldwell Street. Rushing is the world-renowned author of gardening books including "Passalong Plants." He is also the blogger for HGTV.com. Tickets: $20/person or $10/person for Friends of Glencairn Garden. Tickets available at City Hall, Room 390. Call for information: 329-5620.

Library Events

138 E. Black Street * 803-981-5830
www.yclibrary.org * 803-981-5888

Mother-Daughter Evening Out
May 6th, 6:30pm to 8pm
The professionals of Salon Naman will demonstrate hairstyles and share makeup/skincare tips with teens (grades 6—12) and their mothers. Call to register.

Rumble in the Jungle
May 7th, 6:30pm to 7:30pm
Stories/activities related to the jungle and its animals. For ages 12 and under, with an adult. Call to register.

Fiction Frenzy
May 9th, 4:30pm to 5:30pm
Get book recommendations at this book club. For ages 9—12, no required reading. No registration required.

Sixty-Second Challenge
May 16th, 5pm to 6:30pm
Teens (grades 6—12) can attempt challenges from the hit show "Minute to Win It." Call to register.

Teen Advisory Board Meetings
May 20th, 5pm to 6:30pm
Teens (grades 6—12) can help select materials for the young adult collection, plan events for teens, and earn volunteer time. No registration required.

Old Town Market: May 2013 Music and Kids Activities

Old Town Market is Rock Hill's only all-local farmers market featuring fresh seasonal produce, pastured meats, local honey, baked goods, plants, and more. There are also handmade works by local artisans such as pottery, jewelry, woodturned bowls, soaps, hairbows, aprons, and rugs. Every market also includes live music and free kids activities. Scheduled for May:

Thursday, May 9th—GRAND OPENING WEEK
- Music: Reckless
- Plant a flower to take home with Sandy Lovern
- Roll and decorate a beeswax candle with Mama Beehive Honey Farm

Saturday, May 11th—GRAND OPENING WEEK
- Music: Chad Watson
- Petting Farm: Whispering Hope Farm

Thursday, May 16th
- Music: Amanda DeCarlo
- Petting Farm: 4-H

Saturday, May 18th
- Music: Michael Waters
- Fun with Bubbles

Thursday, May 23rd
- Music: Green Star Duo
- Make a coffee filter butterfly with Sandy Lovern

Saturday, May 25th
- Music: StellaRising
- Make a coffee filter butterfly with Sandy Lovern

Thursday, May 30th
- Music: Michael Waters
- Make a cornhusk doll with Sandy Lovern

Old Town Market will be held in its newly-constructed location at 115 Caldwell Street (parking entrance on E. White Street), next to Millstone Pizza and Taphouse. The 4th season will run from **May 9th to August 29th,** open on the following days:

- Thursdays, 5pm to 8pm (closed on 4th of July)
- Saturdays, 9am to 1pm

For more information, call 417-4067 or visit the website: onlyinoldtown.com/market

Business Spotlight:

Morton Concierge Services

Morton Concierge Services is a new branch of Morton Amusements, which is located in Old Town at 535 E. White Street. Morton Concierge Services offers turnkey party planning for children's parties and other special events. Event specialists can make as many arrangements as desired—custom invitations, cakes, decorations, balloons, picnic tables, face painting, hand-walked horseback rides, clowns, glitter tattoos, deejay services, inflatables, and more. Anything requested for the event, Morton Concierge Services can arrange, deliver, set up, and pick up.

For additional information or to customize a package for an event, contact an event specialist at Morton Concierge Services at 329-5767. Mention Old Town News at the time of booking and receive $10 off.

Upcoming Events

Workout to Stop Impaired Driving
June 1st, 9am to 11am
Get Fit With Troy is holding an event to benefit Stop Impaired Driving (SID), a local non-profit organization dedicated to stopping impaired driving and helping victims of these crimes. The first 100 people in attendance will receive a free event t-shirt and a chance to win free workout sessions. Old Town Amphitheater, 144 E. Black Street. For more information, call 493-5536.

First Fridays in the Garden, 11am to 12pm
Clemson Extension Service and the City's Parks, Recreation, and Tourism Department are offering free classes on the first Friday of each month:

- **June 7th: Vegetable Pests**
- **July 5th: Know Your Beneficial Insects**
- **August 2nd: Gardening Myths**

All classes are held at the Glencairn Garden Learning Center, 825 Edgemont Avenue. For more information, call 684-9919 ext. 112.

Old Town Market: Music and Kids Activities

- **June 1st:** Music by Reckless.
- **June 6th:** Music by The Escape Artists.

On both of these dates, kids can pot tomato plants to take home (free). onlyinoldtown.com/market

Summer Camp at Emmett Scott Center
June 17th to August 9th, 7:30am to 6pm
Summer camp is offered for children ages 6—13 at Emmett Scott Center, 801 Crawford Road. Camp will include trips, lunches, snacks, and a camp t-shirt. Pre-registration is required. Cost is $600 per camper, payable in one full payment or four payments of $150 each. Register at Emmett Scott Center. For more information, call 329-5661.

Summer Art Camps with the Arts Council
June 10th to July 12th
Children ages six and up can be actors, sculptors, painters, dancers, or jewelry-makers during these art camps. They will be held from 9am to 12pm and from 1pm to 4pm. Fees are $85 per camp per child. The full schedule of camps is posted online: yorkcountyarts.org. For more information, call 328-2787.

2nd Annual York County Ag + Art Tour
June 8th, 9am to 5pm and **June 9th,** 1pm to 5pm.
This free, self-guided farm tour features many of York County's farmers and artisans, including several who participate in Old Town Market. The market itself will be a tour stop on **June 8th** from 9am to 1pm. Complete details about the tour can be found online: agandarttour.com

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